



NARFE

NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES ASSOCIATION

Charles R. Patton Chapter 156
136 Castlerock Drive, Asheville, NC 28806-9517

Newsletter
November 2009

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The National Active and Retired Federal Employees Association (NARFE) is the only association dedicated to safeguarding and enhancing the benefits of America's active and retired federal employees, and their survivors.

EVENT: CHARLES R. PATTON CHAPTER 156 NOVEMBER MEETING
WHEN: SATURDAY, NOVEMBER 14, 2009
WHERE: EAST ASHEVILLE COMMUNITY CENTER
TIME: 8:45AM

NOVEMBER PROGRAM

Our November program will be given by Larry Reeves, Program Manager for the Western Carolina Chapter of the Alzheimers Association. He will speak on the symptoms, diagnosis and treatment of the disease.
Neva Carlson, 2nd Vice President

FROM THE PRESIDENT'S DESK

The holiday season is soon upon us, with Thanksgiving just around the corner. The Fall season ushers in harvest time for a critical segment of our communities (the American farmer). Depending on the ups and downs of the year, our farmer's harvest is sometimes small and sometimes bountiful, but regardless of the outcome, their confidence and hope typically returns them to the fields for the next year; and they are thankful for what has been provided to them.

So it is with us as NARFE members as we may see our harvest in terms of security and equity of benefits. We are an organization, I judge, that is filled with talent, confidence, and hope, and we will be there in the future as we have in the past. This has been a turbulent year, as our government is dealing with the issues of climate change, healthcare, a downturn in our economy, budget deficits, and war. We are experiencing some tumultuous and uncertain times that will affect us all, particularly with health care. When we stack up the pluses and minuses for the year, our harvest may not be as large as hoped for this year, but as NARFE members we can have confidence in our team in Washington to bring us back next year.

Our job is to remain diligent. There is a wealth of information in our NARFE magazine, and in NC we have an excellent network of legislative officers. If you have a question or concern, call me and I'll put you in touch. Take every opportunity to contact your elected Senators and Representative so they know, as a constituent, how you stand on issues.

Have a great Thanksgiving celebration with family and friends as we contemplate what has been provided to us.
Theron Rumsey, Chapter President

TOYS FOR TOTS AT CHRISTMAS

This is probably too early to think about Christmas, however, each year we are asked to bring a toy to donate to the ABCCM Toys for Tots project. If you will not be able to attend our Chapter Christmas party in December, bring your

toy to the November Chapter meeting and it will be included in our chapter donation to ABCCM.

CHRISTMAS PARTY 2009

AT O'CHARLEY'S

Saturday December 12th at 12:00 Noon

\$16.00 per person including tax and gratuity

This year we will again have our Christmas gathering and installation of officers at O'Charley's Restaurant on Kenilworth Knoll. We will gather at 12:00 noon on Saturday, December 12, 2009. The total cost for the meal is \$16.00 per person including tax and gratuity.

CHOICE OF ENTREE

SOUP OR SALAD

OVEN FRESH DINNER ROLLS

- Grilled marinated chicken breast served on a bed of rice pilaf with a side item.
- Steak tips sautéed with mushrooms and onions, topped with Monterey cheese and served with rice pilaf and side item.
- Atlantic fresh salmon grilled to perfection and served with a side item

Side items: Broccoli/cheese casserole

French Fries

Rice pilaf

Mashed potatoes

Broccoli

Baked Potato

TEA, COFFEE OR SODA

Please Note:

- We will collect toys to donate to ABCCM as in the past.
- Our Chapter will be the only folks using the room in the afternoon.

Reservations are required. To make a reservation you **must** select an entrée and **pay** in advance, **no later than December 5, 2009.** You can do this by sending your reservation to Dan Louderback (534 Bluebird Ridge, Asheville, NC 28804-1040) or make your intentions known by calling Dan at 828-645-9350. **Make checks payable to NARFE Chapter 0156.** Reservations are needed to give the restaurant adequate advance notice. If you want to place your reservations at our November chapter meeting or indicate your intentions, Dan will have a sign-up sheet at the meeting. We look forward to seeing you at the Christmas Party

